

Head for the Hills Conference 2022

Friday, November 4th

Lunch Buffet Opens at Noon

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| 1p | <p>Lisa Richard SWVA Regional Network Coordinator & Rural Outreach Specialist <i>Center for Family Involvement - VCU</i></p> | <p>Creating Positive Partnerships Between Families and Rural Providers through Culturally Responsive Communication and Collaboration</p> |
| 2p | <p>Kenda Sutton-El Executive Director <i>Birth in Color RVA</i></p> | <p>Maternal & Infant Health in Communities of Color: how systemic racism affects outcomes</p> <ul style="list-style-type: none"> • Racism can take many forms • The proper way to be an ally • How many biases are there • How to combat structural racism within your job |
| 3p | <p>Marybeth Babos, MS PharmD, BCPS Professor & Chair of Pharmacology <i>DeBusk College of Medicine</i></p> | <p>What's in their Medicine Cabinet? An overview of commonly used botanicals and supplements</p> <ul style="list-style-type: none"> • List 10 most common supplements and their touted uses • Recognize supplement and prescription drug interactions • Cite evidence supporting benefits/harms of supplements • Current theories regarding CBD & cannabis pharmacology • List common barriers hindering patient provider communication about supplement use |
| 4p | <p>Melissa Zook, MD, FAAFP, FASAM, HIV-S Family Physician <i>London Women's Care, Kentucky</i></p> | <p>Just Getting Broke In: Doctoring in Small Town Appalachia</p> <ul style="list-style-type: none"> • Dispelling myths and misperceptions about rural practice • Keys to building strong a physician-patient relationship • Recognizing your growing competency and comfort level • Setting boundaries and pacing for a career, not a rotation • Why pragmatism is more important than perfection • Difference between skills and knowledge and why it matters |

Saturday, November 5th

Breakfast Buffet Served at 8:00 am

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| 8a | <p>Jackson Threet, DMD w/ Brian Newberry, DO Norton IM Residency Director</p> | <p>Dentition and Diabetes The clinician will understand the effects of diabetes on the periodontium and oral health.</p> |
| 9a | <p>Threet and Newberry</p> | <p>Opioid Alternatives for Odontogenic Pain The clinician will understand signs and symptoms of odontogenic pain and its management.</p> |
| 10a-12p | <p>Joyce Troxler Program Director <i>ETSU Family Medicine Addiction Medicine Fellowship</i></p> | <p>Opioids: The Good, The Bad, and the Latest in Best Practice Joyce Troxler leads a panel on DATA 2000 waiver and training, prescription guidelines, and weaning patients from pain meds: bring your questions for an extended Q&A session.</p> <ul style="list-style-type: none"> • How to get a DATA 2000 waiver • The difference between chronic pain management and SUD • Risk assessment for long-term opioid use |

Ham & Turkey Boxed Lunches will be Available at Noon

Mixer 5-7 pm

in the Edith Wilson Parlor

**Includes bountiful hors d'oeuvres, a free drink ticket,
and chances to win door prizes!**

Following the mixer:

Ghost Tour with the Haint Mistress of Abingdon!

\$20 each, CASH ONLY and no children under age 10.

Begins at 7:30 pm at Wolf Hills Coffee